



"I feel that this experience has molded me into a more well-rounded person," explains Tracey Lindsey, a communications major who traveled abroad for the first time via the [London Culture and City](#) education abroad program organized by [Knowlton School of Architecture](#). "I have gained knowledge about the culture and practices of the people of London. I have also gained a sense of independence as I learned how to navigate and be self-sufficient in a completely different country."

"I would definitely love to go back to London and take a look at the differences between their media practices and ours and learn more about crafting messages that will be relevant on a global scale. For my first trip abroad, I feel that this was the best possible opportunity for me and I thoroughly enjoyed my time in London."

Supported by funding from the STEP program, read more of Lindsey's reflections on her [STEP program blog](#).